Memorial Book



In Loving Memory of

James (Jaime) Cruz

(October 4, 1966 - November 12, 2005)



Life does not cease to be funny when people die any more than it ceases to be serious when people laugh.

George Bernard Shaw

This memorial website was created to remember our dearest **James Cruz** who was born in **United States Hartford**, **CT** on **October 4**, **1966** and passed away on **November 12**, **2005** at the age of **39**. You will live forever in our memories and hearts.

CRUZ, James "Jaime" Cruz, 39, of Palm Beach Florida, passed away on November 12, 2005. James will always be remember by his sense of humor and love for children and the elderly. He was a kind soul that always took care of others before himself. We love you James and will always be thinking about you.

Jaime, you taught me so much. Helped me learn to love and to trust. I know that you will always be here with me. I feel you and your love even from your spirit. You made me feel whole when I felt so lost and alone. You made me want to be more than I ever thought possible. You taught me how to stick up for myself and to love myself. Without your help, I would not be the woman that I am today. I will always love you and cherish what we have. You were there when I needed you most. You loved me for who I am and never asked me to be more. I feel you when I am my saddest and hear you when I need to be comforted. I know that you have sent the people I now have into my life.

You have helped so many in spirit. You are showing us that your love and life live on. I know that you are and always will be with us. You will always be watching over us all.

life holds so many facets this earth is ony one.~

Just think of him as resting~ from the sorrows and the fears in a place of warmth and comfort where there are no days and years~

Think how he must be wishing~ that we could know today how nothing but our sadness can really pass away~

And think of him as living~ in the hearts of those he touched for nothing loved is ever lost and he was loved so much~

Author ~unknown~

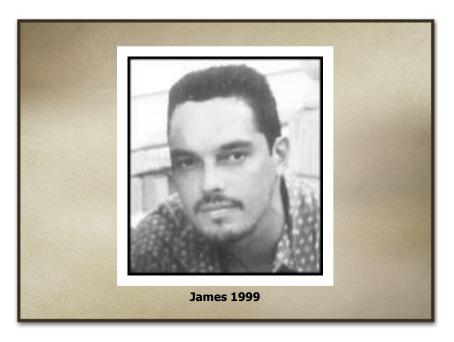
Here is the link to the petition, please go to it and sign it for no one else needs to die to this horrible drug.

http://www.thepetitionsite.com/takeaction/472711451

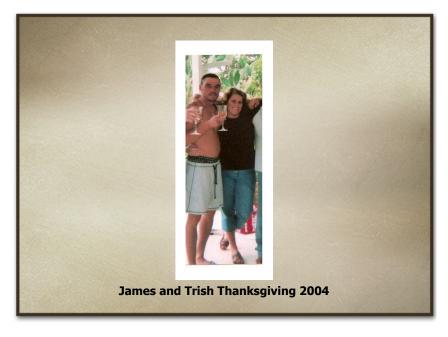
We love you always and forever Jaime Cruz. We know that you are still laughing and dancing in Heaven above.

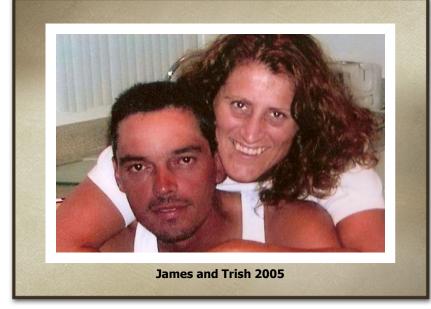
My love and heart are yours always James Cruz, Tricia Ann

Sallery so sweet, so unforgettable...



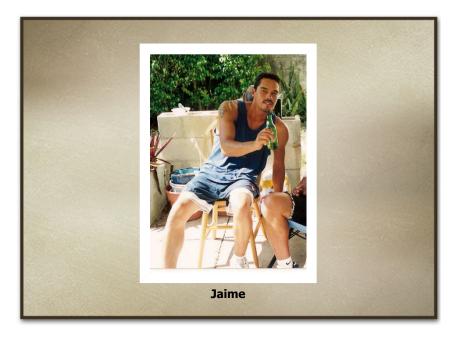


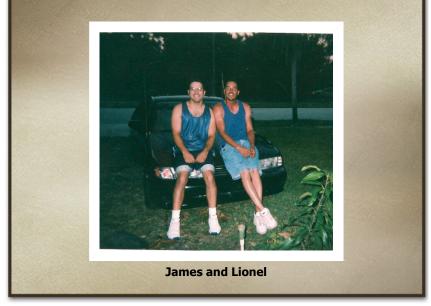


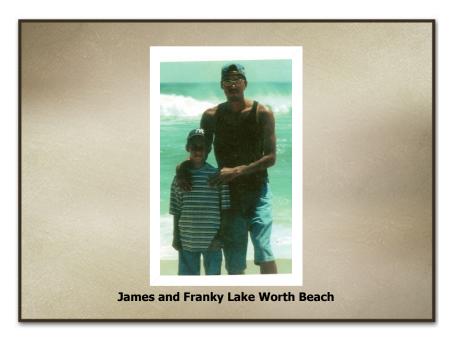


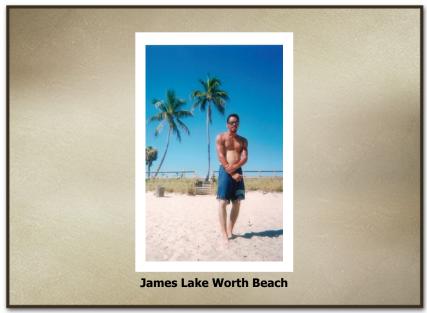


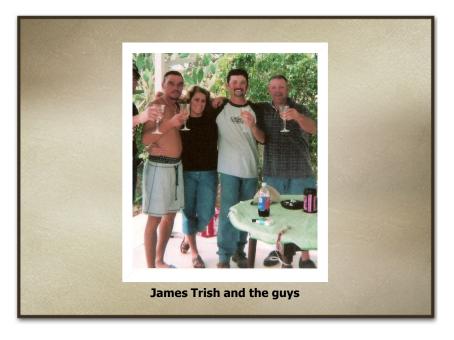


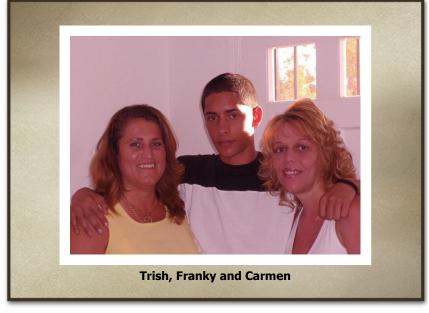




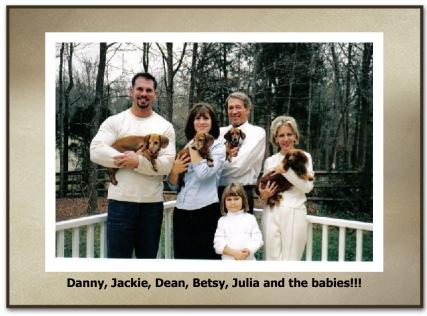




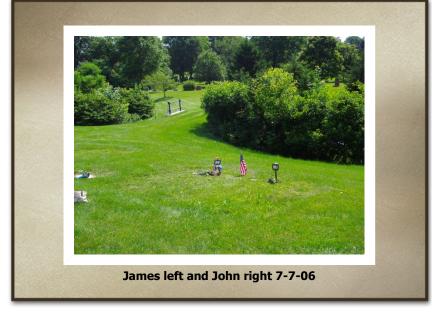








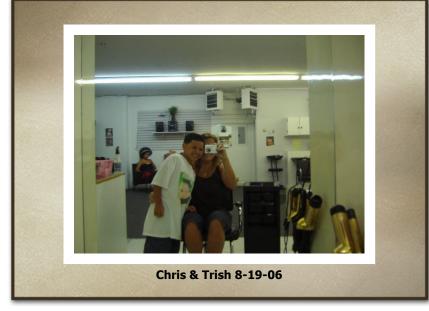




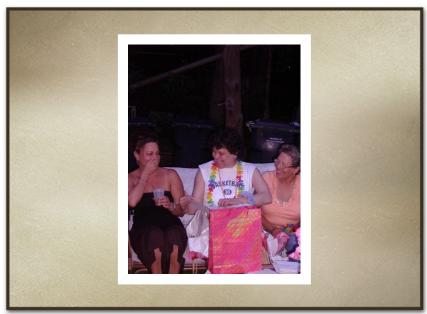




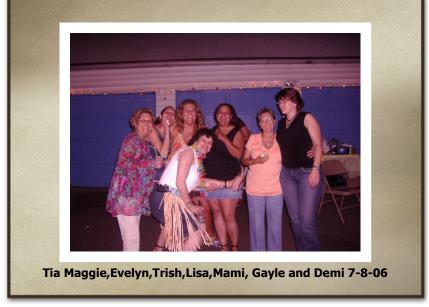














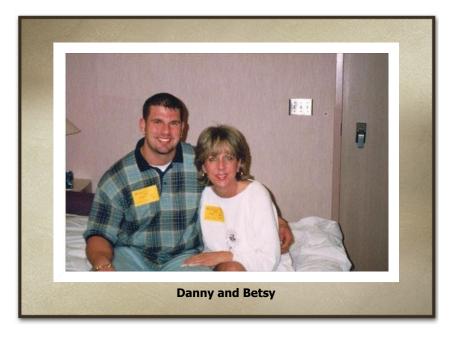


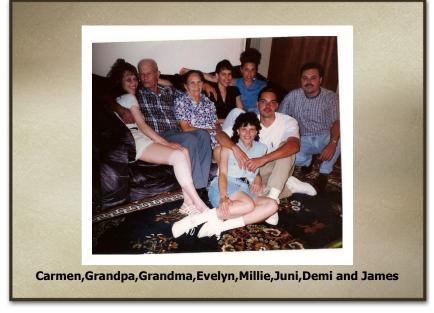








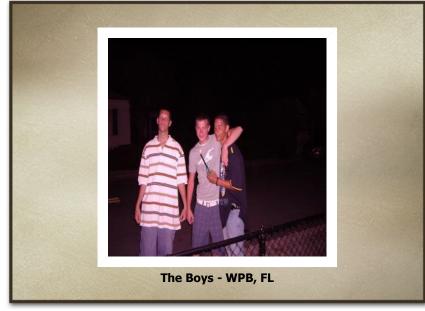














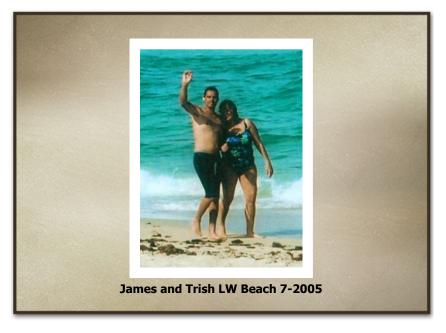












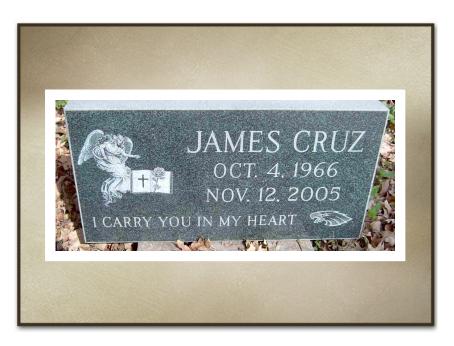






















Memorial Candles

our words, your light...

04/25/2007

Trish

To my Jaime, I love you and I miss you so much, every day. You are always w/me and that brings me comfort.

I Love You, T.

04/24/2007

Mary Haynes (Mom to Jamie)

Missing my Jamie too Trish, Love you and thinking of you. 04/22/2007

Tricia

James, It is a beautiful day today. I set up a mass 4 u. I pray u r there 2 hear it w/me. I LOVE U Tricia Ann 04/12/2007

Erin

May this bring a special warmth to you and Trish. Still thinking of you, T. We walk together

04/07/2007

Trish

James, Here is another year another holiday and another moment that you are not here. I miss u Jaime. Love, Tr icia 04/02/2007

An

Patience with others is love.
Patience with self is hope.
Patience with God is faith."
~~A del Bestravos.

04/02/2007

Tricia Ann

James, i miss you and love you always and forever!!! trici a ann 03/29/2007

Trish and Granny

James u r my strength, even today. I luv u and miss u so much. Gram misses u too. Our love to u always, Trish and Granny

03/29/2007

In Memory Of Elliot

James may you always be in the hearts of those who love you,and shine down upon them.Elliot's Mom 03/22/2007

Tricia Ann

James, I know the strength you share from above. I miss you and am thankful that you are still with me. Love, T.

03/21/2007

Erin

James, you are so loved. I light this candle for both you and Trish. May it bring an extra warmth and comfort to you both.

03/21/2007

Tricia

Jaime, I miss u so much. U have been in my dreams lately. What r u trying to tell me. I love u baby, Trish 03/10/2007

T.

James in church tonight I could feel u w/me. I miss u so much. I can not wait 4 Mami and Carmen to get here.
Love u baby,T.

03/05/2007

Tricia

Jaime, i miss u so very much.
i know u r so active above
that makes me happy to
know. i love you, tricia ann

03/05/2007

Mary Haynes

James, What a sweet name. My James is also up there with you. Please watch over my boy and I send you both a BIG hug and kiss. 02/25/2007

Tricia and Gram

James We KNOW you are still amongst us. We miss you and send our love above. Trish and Granny

02/14/2007

Tricia

Happy Valentine's Day
Baby. So much has
happened, where to begin?? I
know you see it all where
you are now. I love you T.

02/13/2007

BettyAnn Geiler

Another day to light candles.
They seem to come more
often these days.

01/19/2007

BettyAnn Geiler

Just seems like a day to light candles. James, continue to let your light shine. 01/13/2007

Tricia

James, I miss u so very much. Thank u for being w/me so much lately. I know that U R never too far from me. I lvoe you T

01/07/2007

Trish

James, I could feel u on the beach yesterday. I know that u were here last nite too. I miss u baby. Love, Tri cia 01/06/2007

Trish

Finally something is being done about your death. It has been over a year, but FINALLY the atty is doing something. I luv u T 01/01/2007

Trish

I spoke to Millie, Demi, Carmen and Mami... They went to visit your grave today/tomorrow. Wish I could be there too. XOXO T 01/01/2007

Trish

James, It is the 2nd NY Eve I had to spend w/out u. This is not an easy task. I spoke to our families, so it helped.

Love u T

12/02/2006

Trish

James, You are my love & my heart will always be yours. You have helped me to deal w/all that has happend.

I luv u T

11/30/2006

Trish

James, I miss your skin, smile, beautiful teeth. I miss your arms and your eyes, you r so beautiful to me. I love you, T

11/30/2006

Trish

You used to tell me this "I would be lost without you." I know you loved me then and still do today. I LOVE YOU BABE

11/30/2006

Tricia Ann

James, I love you baby.
People think that I should
just let you go. How do you
let go of the one man that
made you want to live?

11/30/2006

Bonnie Benis

I can tell you are very much loved & missed. Stay close to your family James.May you soar with the Angels. God Bless

11/29/2006

Tricia

I miss you so much and think of you every day. Life is just never gonna be the same. I love you, Tricia Ann

11/23/2006

Tricia

James, here it is another holiday w/out u. I miss u so much. I luv u so very much and KNOW that it was u here last nite. XOXO T.

11/22/2006

Trish

I love you and miss you especially during the holidays. Forever in my Heart & Soul, Trish

11/22/2006

BettyAnn Geiler

Happy Thanksgiving James. I hope you will be with Trish since she's going to be alone.

11/13/2006

BettyAnn Geiler

James...now we need to start on the second year.Continue to be with Trish, Always.

11/13/2006

GERI DAUGHERTY

James may you continue to leave signs,be in dreams etc for trish...no one could love a man as much as she does you~~......

11/12/2006

Trish

Today is but a year in this realm but a day in yours. I love you James always and forever. Tricia Ann

11/12/2006

James and Trish

You two are as close in spirit as you were in life. I know you are forever going to be together. For 2 souls are as one. XOXO

11/12/2006

BETSY and DANNY

One year...Will one day be but a blink, for you are but a breath away from your Trish.. God Bless You both today and forever~ xo

11/11/2006

BETSY and DANNY

Oh, how we know how very much your love IS for all of eternity~ There are no coincidences when it comes to a love this deep~xo

11/11/2006

Trish

James, How I miss you so much. I love you so very much and KNOW that you will be with me tomorrow. Always with Love, T.

11/10/2006

James

This is our weekend Baby. I miss u and have the candle lit for u 2 find your way home. I LOVE You James, Tricia Ann

11/09/2006

James

I love you baby. This weekend is going to be so hard, but I KNOW that you will be right here with me I love you Jaime ~ T.

11/09/2006

BETSY and DANNY

We are with you all of the time, no matter where we might be..We love you~ xo

11/06/2006

Tricia

Today I am SURE that you are here with me. I feel u so close. I love you Jaime Trish

11/06/2006

BettyAnn Geiler

It seems to be a day to remember and light candles.
You are thought of often...
Peace

11/03/2006

Trish

James I miss u so much... I know your anniversary is coming up soon. I so wish I could have spent it with you. I love u T.

10/24/2006

Tricia

James, I wish I could be in Hartford 4 your 1 yr date, but we both know it is not possible. I miss you baby, T.

10/24/2006

Thank You

James, Thank u for being there last night. Your energy is ever so strong. I know w/Halloween coming it is your day. xoxo T:) 10/24/2006

BETSY and DANNY

Our belief that you are right there with Trish, protecting her, is forever strong~ we will always trust in your safe love~ xoxo 10/16/2006

Trish

How I miss u James. Thank you for always being here w/me. I need you so much. Always and Forever w/Love Trish 10/06/2006

Tricia

Jaime, Nani is here w/Andrew James. He is beautiful. I knew u were close and the love is shining through. Halloween is soon T

10/04/2006

Tricia

James u r in a world of beauty & love. I miss u but would never want to bring u back here to this world. It would not be fair.

10/04/2006

Tricia Ann

The BIG 40 is here and u would of loved it.. I know how you hated gifts and the fuss, so I will leave this simple. I LOVE YOU ~ T 10/03/2006

Tricia Ann

Tomorrow u will b 40 my love. How I miss u so. I have a candle and will celebrate w/love & memories. I love you, T. 10/02/2006

Tricia

James we r so close now. U R with me all the time. I feel your presense & yes I did replace the rosary. I luv u T. 10/01/2006

Trish

I felt u lay next to me Sat morning. I was amazed at how u protect me even from the realms u r on. I luv u, Tricia Ann

09/21/2006

BettyAnn

James, always keep your light shining so Trish can see it. Always keep your hand outstretched so Trish can feel it.

09/17/2006

Trish

Please don't forget me
James. I miss u so very much
and I cry for u every day. I
need u to not forget me. I
love you, T.

09/17/2006

Bets

We are together always and know that all is safe with the boys!! Remember, they are in charge and we will follow their guidance!! 09/07/2006

Trish

James - I miss u so much. I love u and think about u every day. U will always be in my heart. I love you, Tricia 09/06/2006

Trish

James, I miss u & Luv u so very much. I wish u were here w/me. I need u so bad. I love u, Tricia Ann 09/06/2006

Trish

Happy 6th of September Jaime. ME:) 09/06/2006

Betsy and Danny

Wishing we were all laughing on the beach in Boynton...Love forever and ever..xoxo 09/04/2006

Trish

I can't sleep, I keep on thinking of u and missing u my love. Please come to me in my dreams I need u tonight James. XOXO

09/04/2006

Trish

I miss u baby boy, I miss u so much today. Can't stop crying. I keep on seeing u laying on that floor. I love u James Always,T 09/04/2006

Trish

James, I love you more than I love myself. Always have, always will. All of me forever to you Tricia Ann 09/03/2006

Trish

James u told me that if u went first u would be my guardian angel. I know u r and thank God u r here w/me. I love u, T. 08/30/2006

Trish

I know u were w/me today Jaime. I luv u so very much. Thank u for being here in spirit. U helped me thru and made it ok. XO Trish

08/29/2006

Trish

U always knew I hated these storms I am thankful u r here with me today. I love you baby, Tricia Ann 08/29/2006

Trish

I heard u call my name this morning James. I knew it was u letting me know u r w/me today. Ernesto is right around the bend. Trish 08/28/2006

Trish

Thank U 4 sending help tonight. The shutters R up and I am prepared for the storm. Hurricane Ernest (Eduardo).. Love ya - T. 08/28/2006

Trish

Hi Baby, I miss u so much.
This hurricane scares me
w/out u to help me thru. I
know that u will be close to
protect me. XO T

08/24/2006

Trish

James I know that u were there last night, I tried to wake up to touch u. I love you so much baby, Tricia Ann 08/23/2006

Trish

James, I felt u at the wedding and missed u so very much. I knew u were there yet so far waway. I love you baby, T.

08/14/2006

Trish

I love your visits. I wish 4 more. U R so beautiful Jaime, I love U so very much. Always, T rish 08/08/2006

Bets and Danny

We love you and trust that all is perfect for you, together, always~ xoxo

08/07/2006

Trish

T.Y. 4 being here w/me tonight baby. I needed to feel your touch. I love you, Always, Tr ish 08/05/2006

Trish

James, I love u baby and I miss u. Today is Saturday, u passed on a Saturday. I cry 4 u so much. I love you, T. 07/28/2006

DANNY

Your beautiful spirited union picture is now on my website!! You are connected forever!! I love you! 07/28/2006

Trish

Baby, I knew it was U, thank U for the wonderful visit and for Jeanna's. U R so beautiful in Spirit. I LOVE U, T.

07/22/2006

Trish

I felt u @ the beach today Jaime. It felt good to know u are w/us. We got the shells u sent r way. I love You James T. 07/22/2006

Trish

James, the boys are here and I know that u r too. We all love you and wish you were here physically. Keep them safe baby. XOX T.

07/19/2006

Erin

James and Trish, your powerful connection means more than you will ever know.I wish you both peace.
Love, Erin and Scott.

07/18/2006

Trish

Two more days and the boys will be here. I can't wait. I know that u will be w/us and that things will be just fine.

XO T

07/17/2006

Mark

Trish, death may take the one you love, but can never take the love you have.

James is forever with you. luv ya my friend

07/17/2006

BettyAnn

James, may you always comfort Trish. Thank you for helping bring Matthew to me and keeping him happy in spirit. 07/16/2006

Trish

Yes Jaime, I do LOVE you, Always in my heart, forever in my soul, Trish 07/16/2006

Trish

I love you Baby!!!! Trici a Ann

07/16/2006

Trish

Jaime I got out and about today. I thought of u often. I luv u so very much and miss you every day. Always and Forever Tricia 07/14/2006

My Love

My heart and Soul will be with you always James. You will soon have your stone and the memories will continue to roam. Luv.

07/13/2006

Bets and danny

"Life and love are eternal..."W e love you~ 07/13/2006

Т

Baby, thank u 4 the gift. U told me that it would come and it has. I luv u so much and know that God and U R w/ME. Always,T.

07/13/2006

Trish

Jaime Cruz you are my strength and my weakness, my love and my heart. Always in my heart, forever in my soul. Tricia Ann 07/13/2006

Susan

I never knew you in life, but thank you for helping me in spirit. You brought me great comfort, just as you do Trish xxxxx 07/12/2006

Trish

James happy 8th anniversary baby. I love you more w/each breath I take. Always in my heart, 4ever in my soul. Tricia An 07/08/2006

T.

Jaime, This wk flew by. I feel u and I know u r w/me. I love u baby. Thank u 4 being here. Always and 4ever, Trish 07/06/2006

James

Always in my heart, forever in my soul. muy amor jaime cruz, tricia ann 07/06/2006

James

I know that u were with us today.Thank u 4 being here.I am so glad your marker is found.Now to just pay. I love you James. T. 07/05/2006

Tricia Ann

James, I miss you and love you so very much. Tricia Ann 07/02/2006

Trish

We are off to Hartford today. I can smell u here I love u Jaime. Always in my heart, 4Ever in my soul. Trish

07/01/2006

BETSY and DANNY

To be able to see Baby Jordan will be a beautiful time for you AND James...We have no doubt!! xoxo 07/01/2006

Trish

I prayed and you came.
Thank you God for bringing
James to me tonight.You are
still as beautiful as the day
we met. Love T.

06/29/2006

Tricia Ann

Thanks for the laugh Jaime, I needed it so much. Thank u for lighting my way and making life what it is today.

I luv u, T.

06/29/2006

Tricia

James, I love you baby, Tricia Ann

06/29/2006

Trish

James, You made me laugh today. Thank you baby, from my heart to yours. I love you, Trish:) 06/28/2006

Trish

I love you so much that I just feel so lost without you here right now. Please come and protect me. Love you, T. 06/28/2006

Sharon

Dear James...I know Trish through my Sister Betsy..You are in the perfect place as our Danny is...Love, Sharon 06/28/2006

DANNY

I will travel by your side for always...xoxoxoxo By Heart!!!! 06/28/2006

Betsy

Days and nights here will never, ever change the love that he will have for you for eternity..I love you xoxo 06/27/2006

Trish

I love you baby. Tricia Ann

06/27/2006

Jaime

I know that u love me & that u will always be here w/me, but I really miss u baby. I need u tonight.Come 2 me in my dreams. T 06/26/2006

James

I love you. I am on my way to your grave this weekend.I know that I will feel you there. Youare with me always, Love Tricia

06/26/2006

Betsy

We love you and pray to you and Danny for our peace...Please hear them always!! I love you!! Bets xoxo 06/24/2006

Patty

You used to call me Patty. That cute smile when you looked at me. Let you lite shine on me tonight and always. Love U Baby T.

06/23/2006

Tricia Ann

James you are my love, my life and my heart. I love you today tomorrow and always. Foreve r and ever, T & J 05 06/23/2006

Danny

You are my connection to Boynton Beach and all of my peaceful memories from there~ The happy ones with my Mom, Jackie and God...B

06/23/2006

Betsy

Shine, shine, shine... Until the day comes when we are all reunited, know that you are the light...Betsy 06/23/2006

Tricia Ann

Jaime, I am here thinking about you and us and wondering when it will be my turn to be with you? Love to u - T.

06/22/2006

James

I love you baby and always will. You are with me always and forever. My soul and heart combined with yours.

Love T.

06/21/2006

Tricia Ann

I love you Jaime, Always and Forever, My heart and soul are yours, XOXO Tri cia Ann 06/21/2006

Trish

James I miss you so much. I need you tonight, please come to me in my dreams. Love Always and 4-Ever, Tricia Ann 06/21/2006

Erin

James, thank you for putting Trish in my life. Your light is warm, may it bring comfort to your loved ones, here & up there... 06/18/2006

Trish

James, I will be up to visit your body soon. I know that you will be there with me. Find us peace. I lvoe you, Tricia 06/13/2006

Jaime

I love you baby and I always will. You know it too. I feel you tonight. Thank you for being here for me. Love always Trish

06/13/2006

Trish

James, you are my light and I love you for it. I know that you are helping me with all that I am going through I love you - Trish 06/12/2006

Tricia

James today is the 7th month mark. It still feels like yesterday. I miss you baby, so very much. My heart/Love 4ever Trish 06/11/2006

Trish

I love you jaime cruz!!!!!
tricia ann

06/11/2006

Trish

James, Thank you for helping me. I know that it was your plea to God that made me get the call. I love you, T.

06/11/2006

Tricia Ann

James I feel so lost and lonely w/out you here. I miss u so very much. I love you and know when u r near.
Love always - T.

05/24/2006

Tricia

James - Today is not easy for me, you on with me & I know that you will keep me safe, even from above. I lvoe you -Trish 05/24/2006

tito cruz

James every time I pick up my son I think about you man. That is how much I miss u.I hope u r watching over us love you lit bother 05/24/2006

tito cruz

James I miss u man. I always keeping u in my heart my brother.On 4/18/06 my son was born and Iname after u. Jayden James Cruz 05/13/2006

Jaime

U & I 2Gether 4Ever and Ever and Ever. The lite to be our guides whereever we go. I love you Jaime, Tricia A 05/13/2006

Trish

Jaime - I know that u r w/me 2nite. I love u so much baby. I will wait for u in my dreams/Always - I love you Jaime ~Trish 05/09/2006

Trish

James, Today is hard, tomorow will be better. I miss you baby and can't wait to be in your arms tonight. XOXOXOX T. 05/08/2006

Trish

Jimmy - you are my love, my life and my strength. I feel you and can't wait to be with you again. All of my love Always - T.

05/03/2006

Tricia Ann

James I pray that you are at peace today. I am trying to fulfill the things you were unable. I pray that you can see me.. XO T.

04/30/2006

Mark

James, you walk with angels and Trish with man, yet the love you share is eternal. May this candle be comfort to you and her. 04/28/2006

Erin

May this candle bring you both warmth on cool evenings, comfort on warm days, and light to guide you and Trish to each other. 04/26/2006

Erin

May this light guide you and Trish in your moonlit strolls. May you feel your arms around each other tonight.

04/25/2006

Cindy

James watch over Trish..she misses you and loves you..lighting a candle just for you... 04/25/2006

Cindy

James, Even though I did'nt have the privledge of knowin you..I heard alot about you..through Trish..now your with the angels.

04/25/2006

BettyAnn

James...help Trish through these lonely times without you. Be with her day and night.Be at peace and happy. 04/23/2006

Erin

May this candle bring warmth and comfort to your family and especially Trish. May it guide you to her tonight. 04/23/2006

Baby

I miss you sooooooooooo much and need to be with you. Please come and find me tonight. I Love you, Trish 04/22/2006

Erin

James, I thank you. For being with Trish and watching our for her. I thank you for your presence.

04/21/2006

Trish

James today was very sad for me. I was next to one of the last places that you and I went b4 you died. I miss you, Love T. 04/21/2006

Erin

James, your bright light is enhanced by the candle I light for you. Thank you for being with Trish in her heart and dreams.

04/19/2006

Trish

James in my dreams you come to me to comfort and love me. I will always be yours. Forever. Trish 04/19/2006

Tammy

Trish, you and James are in my heart and prayers alway. May the light shine on you this and everyday until you are together again. 04/19/2006

T.

James as much as I miss you, I know that you are still with me. I know that you will always be with me. I love you Jaime. Trish 04/19/2006

Erin

My prayers and thoughts are with Trish and your families. May you find peace in the midst of your loss.

04/19/2006

Tricia

James - you are my soul mate, the love I waited all of my life to find. I will miss you and love you always. Tricia Ann

Condolences

from the deepest of our hearts...

DEAR TRICIA, I SAW YOU ON THE OTHER INTERNET SITES & READ ABOUT JAMES. HE SOUNDS LIKE A WONDERFUL GUY, I AM SO SO SORRY FOR YOUR LOSS. I ALSO HAVE A PAGE ON THIS SITE FOR MY SON MICHAEL MILLER. MY PRAYERS ARE WITH YOU & YOUR FAMILY & MAY JAMES 'REST IN PEACE'. GOD BLESS. ROBIN MILLER

Tricia I miss U October 1, 2006

My heart aches for you James Cruz ~

I LOVE U Tricia Ann

Tammy

you are wonderful James

July 17, 2006

James...I am so glad to have met you in spirit. You are a wonderful soul and I am so happy that you come around me and that you continue to be there for Trish to help her carry on through the rest of her time here. Thank you for helping me to see that you guys are still so close to us and helping me to discover just how wonderful the spirit realm really is. I love you for all that you are doing to help others here and over there. Don't be a stranger....come around me as much as you like. You can never have enough good friends

here, or over there.

Betsy

Forever together...

June 23, 2006

I do not know where we would be without each other... I know that James and Danny are together, guiding us day by day, as we journey on. This site is beautiful, and it represents all of the love that we all share, forever, together...I love you~ Betsy

BettyAnn friend April 25, 2006

Trish, be at peace knowing that James is always with you and protecting you. You are always in my thoughts and prayers. Love James forever.

Erin

special for you.

April 21, 2006

Trish,

I wanted to send a private message to you to tell you that I wish we weren't on this journey, but I'm glad to have friends like you to walk with. I'm always here for ya. In my prayers and thoughts, Erin

Shared Memoirs

all the gray you turned into colors...

Tricia Ann

James,

So MUCH is being done to prevent more Methadone related deaths. NOT NEARLY ENOUGH, but yet, at least more and more people are becoming aware of just how dangerous this drug really is..

I still am having a hard time now that Mike Willson died. I was shocked to hear that he died Tuesday, 3-6-2007 out in Wyoming on that snowmobile. He has been riding forever and I just NEVER thought that it could happen. Just like I NEVER thought that you would die so young. So young and just when things were going SOOOOOOOOOOOOO well for us. I closed the business, until Franky decides if he wants to run it now that you are gone. He misses you too baby, so does Granny as I am SURE that your family misses you too....

I still can't believe that "J" came and knocked at our door nearly 6 months ago. He looks so much like his daddy.. What a LITTLE cutie pie. I know that you see all from where you are and you directed him in this direction. I am just thankful that you did.

Jordan is getting so big baby... Of course you see that too. I know that you are watching over her from up above. I am watching over her from down here as well. I am reading the book that you sent to me and am LOVING it. It just reaffirms all that you used to say and do. Thank you for all of the loving, kindm warm signs baby... I pray that they never stop.

I love you James Cruz, Always have, Always Will. Thank you for making it your life chart to be a part of me and us and to live out your life with me, the woman you wanted to marry, the woman you loved...

Trish

James I am doing all of this so that this DRUG does NOT kill again. I know that you are helping me with it and you will be here with me all of the way through it. I know that it is just time to do it and get it done.

I love you baby and know that this was ALL brought to me from you!!!

Hugs and oh so much love

Tricia Ann

One pill to kill say methadone bereaved

Wednesday, 29 November 2006, 10:02 am

Press Release: Candor Trust

Candor Trust 29/11/06

One pill to kill say methadone bereaved

The FDA yesterday warned health care professionals about the dangers of methadone including cardio-toxicity, saying Prescribers' should read and carefully follow prescribing information. Methadone is a synthetic opiate commonly given to opiate addicts so their lives will be less chaotic. NZs Candor (Campaign Against Drugs on Roads) group believes FDA are

responding to Melissa Zuppardi's ferocious 'one pill to kill' campaign. 'We support her campaign, we know bad treatment has severe implications for road safety.'

Zuppardi of Connecticut has begun a petition asking for improved treatment

standards and more effort to stop dangerous on-selling.

On June 24th 2006, Zuppardis fiance pro sportsman Ron, was prescribed methadone in a detox facility for percocet addiction after knee surgery. He was

administered excessive amounts of methadone and valium. He was dead several

hours before staff checked on him. He was 32 years old. He has 2 children. 676 people – often similarly affected to Melissa have signed the petition in it's short life to date. Methadone supporters have debated it's merits with Melissa. Who notes the irony of methadones 'strongest supporters besides pharmaceutical companies' being the patients who are 'exploited and victimised', by those benefiting the most.

The FDA's announcement says Prescribers, Patients and Caregivers should all be

alert to 3 key points.

Taking more methadone than prescribed can cause death. Taking other medicines or dietary supplements atop methadone can cause death. Overdose symptoms include confusion, tiredness and breathing difficulties, if present get medical

attention fast.

In the wake of recent high mortality the FDA notes 'prescribing methadone is

complex.' A medication guide for patients is planned. Box warnings currently

don't caution against interactions with other drugs – a common overdose cause.

In 2003 methadone contributed to 2,992 deaths in the States. Though cognisant

of an epidemic, the FDA then refused to even require box warnings regarding the

drugs cardio-toxicity despite studies show potentially fatal arrhythmias are common.

The rumblings of discontent over the U.S. epidemic were not quelled any by a

cross departmental report undertaken. It put the deaths down to increased use

pain prescriptions - rather than addiction treatment, and was heavily influenced

by treatment expert Stewart Leavitt. A methadone manufacturer employee. Relatives of victims couldn't ignore the fact methadone didn't discriminate. Just as in New Zealand, deaths hit methadone program patients and those they on

sell methadone to, more often than Leavitts report intimated. Anecdotally NZ has

worse problems than the United States, says Candor Trusts Rachael Ford. Coroner Kershaw has commented there is a perception methadone was a 'therapeutic' drug, though it's 'just as dangerous as the drugs it replaced'. He was concerned users are unaware the drug kills as many people as morphine and heroin. 'It's because they get huge takeaways & the program's too soft' says

Ford.

From July 1995 to June 1998 there were 44 methadone related deaths in New

Zealand – four of them in Wairarapa or about 10% of Wairarapa patients. In the

same period 40 New Zealanders died of heroin or morphine overdoses. This

does

not take in to account deaths caused by methadone impaired drivers, which Candor estimate to be 15-20% of the toll.

Long term patients of a North Island clinic who admit to being transient and

moving randomly for years say it's the same all over. A lot of methadone is sold

outside Pharmacies, often to P (methamphetamine) addicts wanting to 'chill'.

Sellers then continue on to some location where they can use the spoils to buy

P.

'They all drive – they have to to get their drugs' said an informant. 'I asked the meth Drs to stop the diversion as it worries me sick. Someones gonna die or

something, don't know how many times I seen mates turn blue, but the Doc just

offered me antidepressants'.

In the face of some alarming statistics the Ministry of Health hasn't made changes or set out to record patient mortality or road accidents, say Candor.

Green MP Sue Kedgley has recently highlighted prolonged delays with setting up some system to report adverse events in NZ's Health system. Ends

Tricia Ann



November 12th, 2006

James,

I got a call today from Millie and N

I got a call today from Millie and Mami. They told me a

story that made me cry. Not because it was sad, but because I could feel your love deep inside of my heart. Mami told me of the day you went to her and told her that you found the woman you wanted to share the rest of your life with. You told her you loved me and that you were going to marry me and we were going to grow old together. I can hear you telling her for your voice whenever you spoke to Mami was so sweet, loving and warm. Your heart came out every time you spoke to her and I knew deep inside that you love mami so very much. I know that she would never lie to me and that she wanted me to know this for I can not be in Hartford today the first year anniversary of your passing away. I miss you so much Baby and I love you so much. I wish so much that you could be here in the physical, but I know that it just can't be so. I know that you never wanted to hurt me. You used to tell me that you would be "LOST WITHOUT ME"... Now I am lost without you. You ALWAYS had my back baby and I yours. I know that it was you that told them to call me today to let me know that you love me and always did.

I love you James Cruz Always and Forever, Tricia Ann

Tricia Ann

James,

Last year you took such good care of me during the storms. You were the strong one and I the needy one. While I was preparing for Tropical Storm Ernesto, I thought of how you prepared our whole house all by yourself. It made me cry to think of you not being here with me. I smell a cigarette right now James, I smell you smoking here in our room. Lord how I miss you baby. You are the first person I think about when I wake up in the morning and the last while going to bed. Night is the hardest for me for I am so into you and missing you that I find it hard to sleep. I also find it hard to leave Hartford when I do for I know that it might be the last trip there. I no longer worry about tomorrow for tomorrow may never come. I miss you so very much Jaime. You were my strength and my future. Now I have nothing, you are not here with me and I am all alone. I sit and cry every day for you. I know that you are here with me right now and you see my tears, my tears of pain and

anguish cause I miss you so very much James. God how I love you unconditionally, always have always will. I never asked you to change or to be someone that you could not. I only wanted you to be yourself and to see you succeed in life. I know that there were others out there that believed you would amount to nothing. I never ever doubted the things you did. I never thought bad of you and I never will.

I love you James, I love you so very much.

Always and Forever,

Tricia Ann

Tricia Ann

James,

I remember the day I arrived in Hartford, CT. I had to get off of the plane knowing that I was going to have to leave you behind and say good for the last time, or so I thought. I found Frankie, Carmen, Demi and Miguel and we got my luggage and left for home. I was exhausted and came home to a house full of people that I did not know. I met so many people that night and my mind just kept on thinking, James promised to bring me up to meet the family. I got to go with you, but not as I had always envisioned. I got along with everyone just fine. Well, almost everyone, but it doesn't matter any longer. I know that you left that city not EVER wanting to go back. I felt so guilty for bringing you back to the place you swore never to return to. I also had so much guilt for not following your last wish and cremating you and throwing your ashes away. You knew that I could NEVER do that baby. I loved you so very much and if you were going to be cremated, I would have kept your ashes with me. Now thinking back, we could have cremated your insides and left your body for Mami. I could not follow what your family wanted for you and that was a buriel. I pray and hope that you forgive me James. I am so very sorry for not following your wishes as I told you that I promised to do. I had to allow your mother the right and the respect to have you back, to bury you and for you to be where she could visit your body. I know that it is your flesh and bones up there,

but your spirit lives on with us all. I feel you so often and smell your cologne at the strangest times. It is so overpowerful that i feel like someone dunked a towel in it and left it sit out.

I remember coming home and you were never going to be here again, or so I thought. I smelled you so many times in our home. I feel your arms around me at night. I feel your leg pressed against mine. I miss you Jaime, I miss you so much. Our love was true love. It was NOT fake or false. I knew that you were afraid to love me, but when you finally gave in and gave me your heart to keep, I thought that it was all going to be alright. How was I to know that God had other plans for my soulmate, my love, my heart??? My heart is broken and I don't know that it will ever be healed. I do know that I love today as much as I did the day you died. I will always love you James. You were it for me baby. You and I forever, that is what you used to say. You used to tell me that I was your girl and that you saved the best for last. I love you so much baby.

All of my heart, body and soul are yours forever to keep,

Love,

Tricia Ann (Patricia)

Patricia

James,

I remember coming home and you looking out the front door. You had called me and asked how soon I would be here? I told you soon and you said that we needed to talk. I felt nervous, as I didn't know what you were going to say. You told me that you made some decisions about your life and that when I got home we would talk about it. I remember asking you if I was going to be sad?? You said, no, I don't think so... Then I pulled up in front of our home. You walked outside and said Hello. I walked through the gate and up to you. You got down on your knee and took my hand and looked deeply into my eyes. You asked me to marry you. I can't get this out of my mind. I cry every time that I think about you and I. I miss you

so very much James. I remember telling you yes. That was one of the happiest days of my life James. I just can't get you out of my mind. You are the first thought of every day, the last thought of every night and so many thoughts in between. How could you be gone?? We are soul mates James, you and I. You always knew that I had your back and you mine. I remember so many things good and bad. I remember just laying in bed and looking into your eyes and talking. We sure could talk. I never met a man that I could totally open up to and not have to hold anything back. You were it for me James. You are the one and only man that I could completely give myself to. I miss you baby, I miss you laugh, I miss your smile, I miss your skin and I miss your smell. I love you so much James, please don't ever leave me. I know that you have work to do where you are, but i also know that you are still here with us too. I feel you and your love from where you are. I hate the thought that you would ever leave and never come back.

Even though you are not physically here, I know that you are reading over my shoulder and wiping my tears.

I love you James Cruz always have, always will.

Patricia Ann

Tricia Ann

May 5th, 2005. I was so scared that day James. You took me to the hospital where I was having my surgery. I remember feeling numb and asking you to please be there when I woke up. You assured me that you would. I remember the doctor coming in to talk to us. She asked me how "far" I was willing to go in the surgery. She gave us a few minutes to talk. This is when you told me that you have all the kids you ever want and that my health was more important to you than anything else. She came back and I told her, take it all, if you have to.

The next thing I remember was waking up and asking for you. I was so cold and in so much pain. The

nurse said that you were in the hall waiting to come in. I closed my eyes and when I opened them again, you were rubbing my hand and had tears in your eyes. You told me that I was going to be just fine. I asked you what they did and you told me that they had to take everything out. You rubbed my head and bent down and kissed my cheek. You said that it was over and as long as I was ok, we would get through it together. I fell asleep.

When I woke back up I was in so much pain I couldn't take it, you told me that I had a pain killer drip and that I just needed to press the button to get it. I did and fell back asleep. When I woke back up you were sleeping in the chair with the tv on and a thin blanket over you. You looked so at peace and I knew that you and I would never part... We never did.

I got to come home and you took care of me. You went to work, cooked, cleaned and didn't let me do anything. You barely let me walk to our bed to lie back down. You helped me in the bath and to dress. You held me at night and protected me like I was a child. Then the day came when it all hit me, I would NEVER have a child and I felt like I was no longer a full woman. I came to you while you were dressing and sat on our bed. I looked up into your eyes with tears in mine. You asked if I was in pain and I shook my head. I couldn't look up at you. You bent down on your knee's and took my face into your heads. You asked "what's wrong baby, what is it?" I know that you thought that I got bad news from the biopsy's. I asked you if you could still love me, now that I am no longer whole? You looked at me and smiled, "I love you Trish you are whole and you are all that I want".. I remember your words and I wrote them down in my journal. You took me into your arms and kissed me. I was all that you wanted, I knew that for sure. I knew that we would be together forever. That is what you said that you wanted, NO ONE ELSE... And you kissed the tip of my nose...

I think back and remember your eyes James. That is when I could see down to your soul. I could see the love that you had in your heart, the love that you had for me. I knew it was real and I knew that it could never be broken. Your love James, it is your love that I feel at night when I reach over and you are no longer here. It is your love that I close my eyes and see, it is your soul that held that love for me.

I love you so much James, I always have and always will.

Love,

Tricia Ann

Trish

James,

I remember you leaving and going to work up in Panama City, FL. I thought that I would never hear from or see you again. I was so wrong. You called me the first night you arrived and every night after that. We stayed on the phone talking for hours and usually until early the next morning. I remember one day you didn't even get to sleep before you had to get up and ready for work. I grew to love you so much during this time. I remember you coming home and us riding in the car to Tampa to visit Franky. You kept on asking me if I was in love with you. I was afraid to give you my heart. I didn't want to be hurt. I told you that I didn't know when I did know, Yes, I was in love with you. I finally got up the nerve to find that you loved me too... You were on your knees the day I got home from work, looking deeply into my eyes, asking me to marry you. I said "yes". Then you insisted on calling my father and asking his permission. You were so beautiful James. You still are in my mind. You will always be the man that I will always completely love. I know that the morning you died, you were back on your knee's on your side of the bed telling me that you wanted to grow old with me. That is my last memory of you and how happy I was/how happy you made me. I wish so much that I could bring you back, but it is God's will for you to be working in the Spiritual Realms and not here with me. I never thought that I could endure so much pain, until I lost you James. I miss you so very much and think about you every single day. Not a day goes by that you are not on my mind.

I love you always and forever,

Tricia Ann

James,

It feels like just yesterday that we were walking through the parking lot and holding hands, laughing because we felt so good about our future. We were happy and then God came and took you away from me. I have not been happy since. I don't know how to laugh without your laugh, I don't know how to get through the day without your voice, I don't know how to live without you James. I miss you so very much. Tomorrow will be 7 months since you went home. I feel so lost tonight thinking about tyou with the lamp shade on. That was going to be your hat that day. Lord, why didn't I just stay awake. I feel like if I would not have fallen asleep, you would still be here to protect me today. You were always here for my Jaime, you tried so hard to be so good to me. I love you more and more each day. I miss you James and I cry each and every day for you. You are my soulmate, we share so much and I know that you see me when I cry. I can feel your touch and the warmth that you put into it.

I love you always and Forever James,

Tricia Ann

Patricia Ann

Jaime,

The day I found you on that floor was the day my life stopped as I knew it. Now I have the memories of your love. I also have the memories of all that you are teaching me since. I miss you so very much baby

and know that you are still here with me. I need you I will always need you. I can't believe that soon it will be 6 months since you have passed into Spirit. I know that God has plans for you Jimmy, I wish that I could be with you where you are now. I know that it is such a beautiful, peaceful place. I know that your pain is gone and that the love you feel is ever so strong. I can feel it when you are with me. I miss you so mucy Baby, I am selfish, but I so wish that you could be here with me always. I know that is not fair for God needs you too. GOD has out paths made out before we ever knew, for it is you who decided to go home first. I will always be here and you there, until the day that God calls me home too. I pray for some peace and strength to get through these trying days. They are so hard Jaime. Some days I feel like I can't go on. It is those days that I know that you are closest. You are right by my side, helping to pray for God's strength to keep me going. I am so tired my love, so tired and drawn. I just don't know how much more I can take. It is such a challenge and then tomorrow will come with more challenges. I need God's Love, I need your Love too. For without you and God I would be lost in this world alone.

I love you JAMES CRUZ - Always and Forever - Your heart,

Tricia Ann

Tricia Ann

James,

You were so shy when I met you. Then you came to life and became this lovable, adorable, sweet, caring man. I am sooooooo very blessed that God allowed me the priveledge of spending the rest of your life with you. I know that if it wasn't fait, we never would have met.

I love you so very much Jaime. I will keep your memory alive and well in all that i do....

Always with Love,

Trish

Trish

Walking down the beach and picking up shells, sea glass and smooth rocks. James loved to pick up the ones with holes. Every time that I find one with a hole, I know that it is sent from James, so that I know that he is at peace, yet still with me.

I love you James,

Trish

Life Story

every hour, every thought, every smile...

October 4, 1966

Born in United States Hartford, CT on October 4, 1966.

January 1, 1970

which Content-Type: multipart/alternative; boundary=910d51139cca5faa3db0602d536eecb7 MIME-Version: 1.0 Subject: or shoemaker, said tto, gravely, and laid his hand bcc: bajfla1@aol.com This is a multi-part message in MIME format. --910d51139cca5faa3db0602d536eecb7 Content-Type: text/plain; charset="us-ascii" MIME-Version: 1.0 Content-Transfer-Encoding: 7bit with them the only difference is that which exists between young and old scholars. hus they come in contact with each other, thus they participate in their mutual --910d51139cca5faa3db0602d536eecb7-- .

January 1, 1970

January 1, 1970

wandering8326@james-cruz.last-memories.com

January 1, 1970

ntre7714@james-cruz.last-memories.com

January 1, 1970

tates6505@james-cruz.last-memories.com

November 12, 2005

Passed away on **November 12, 2005** at the age of **39**.

April 19, 2006

James was born in Hartford, CT where he grew up with his parents, 4 sisters and 1 brother. He graduated from Prince Tech in 1984. He had 4 children 3 of which are still living in Hartford and one that lives in Florida. James moved to Florida approximately 8 years before his death. He worked construction and shortly before he passed, started his own business. He met Tricia Hurley in 2004 and fell in love. They were engaged in November, 2004. James was a kind, loving man and will be missed by all. His laughter was infectious and we all know that he is dancing in Heaven above.

Our Deepest Sympathy
www.last-memories.com